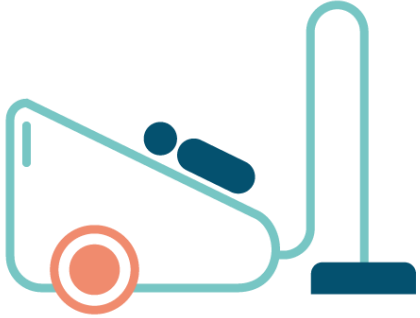


Technical sheets

House Keeping



VACUUMING



SPECIFICITIES :

- Noisy
- Expensive to buy
- Electrical

UTILISATION:

- Check the cable, the pocket
- Pull the wire all the way
- Connect to a suitable socket
- Turn on the power
- Go from the bottom of the room to the entrance of the room
- Go under the bed or furniture
- Go through the corners, on the baseboards
- Use the nozzles if necessary
- Turn off and unplug
- Store.

MAINTENANCE AFTER EVERY USE:

- Clean the brush
- Check the filter and clean it if necessary
- Change the bag when it is full or empty the vacuum cleaner if it is without a bag.

ADVICE :

- Accompany the wire when you store it
- Beware of electrical outlets
- Turn the handle to pass under the furniture.

SWEEPING



• SPECIFICITIES :

- Economical to buy
- Not always practical
- Silent.

UTILISATION:

- Sweep the broom on the side
- Pass it from the bottom of the room to the entrance of the room
- Make several piles of dust
- Pick them up with a shovel and a brush
- Throw the dust in the garbage can.

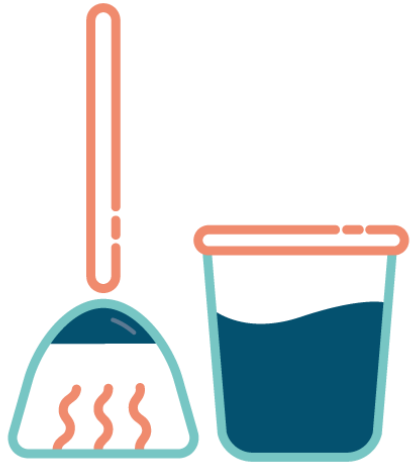
MAINTENANCE AFTER EACH USE:

- Dust off the broom and brush
- Wash the shovel or broom handle if necessary
- Store the broom and brush at the top.

ADVICE:

Bend your legs to pick up with the shovel and brush. Adjust the handle of the broom to its size when possible.

WASH WITH A SPANISH BROOM



• SPECIFICITIES :

- Economical to buy
- Practical for cleaning or wringing out
- Less handling than with a mop and brush.

UTILISATION :

- Fill the bucket half full with hot water
- If the outside temperature is very high (heat wave), use cold water
- Add product to the water but not bleach. Favouring ecological products
- Pass the Spanish broom from the back of the room to the entrance
- Adapt the soil washing to the presence and activities of the beneficiary and his environment.

MAINTENANCE AFTER EACH USE:

- Empty the bucket, wash and rinse it
- Wash and rinse the Spanish broom
- Store the bucket
- Store the Spanish broom after wringing it out and making sure it can dry
- Put the Spanish broom in a washing machine or soak it for a while if necessary.

ADVICE:

- If the floor is too wet after the Spanish broom has passed
- Mop up a dry mop to avoid slipping
- Be careful with the weight of the bucket.



CLEANING THE TOILETS

SEQUENCE :

- Flush the toilet
- Moisten the sponge with white alcohol vinegar or a suitable product
- Put the descaling agent in the bowl and the brush holder (with the brush) and let it work.
- Clean the outside of the bowl first with a sponge; -
Clean the bezel (top, bottom)
- Clean the inside of the bowl by rubbing with the brush
- Flush the toilet.

MAINTENANCE AFTER EACH USE:

- Rinse the brush and brush holder
- Replenish toilet paper
- Empty the bin

ADVICE :

- Use disposable gloves
- Use a specific sponge to clean the toilets and leave it in this room



MAKING THE BED

SEQUENCE :

- Ventilate the room
- Open the entire bed
- Shake the sheets
- Brush the bottom sheet with your hand and stretch it
- Tap the pillow and/or bolster
- Pull the top sheet and blankets

CHANGE OF THE SHEETS:

- Ventilate the room
- Remove the sheets and protective cover
- Dust the bed
- Vacuum the mattress
- Ventilate the blankets
- Replace the bed with a clean cover and sheets.

ADVICE :

- Ask the person if they want to have a tucked-in bed
- Remember to put the objects back in their place (stuffed animals,...)
- Note the date of the bed sheets change

MAINTENANCE AFTER EACH USE:

- Machine-wash the protective cover and sheets
- When washing the cover and sheets, remember to look at the label indicating the washing and drying conditions.



WASH THE DISHES

SEQUENCE :

- Fill 1 tray and if possible 2 trays or basins with hot water
- Put the product together with the hot water in one of the bins or tubs
- Wash dishes with a sponge
- Rinse the dishes in the clean water tray or basin
- Drain it
- Wipe it off and put it away.

MAINTENANCE AFTER EACH USE:

- Wash or rinse the bin(s) or basin(s) with vinegar after each dish.

ADVICE :

- Wash from cleanest to dirtiest (glasses before stoves)
- Favour ecological products

The chronological order

