

Skill 8: Team or group work

Level 1

IDENTIFYING PARTNERS AND BE WILLING TO LEARN

Objective

The trainer's goal is for the team/group members to identify what teamwork and interprofessional collaborative care is, in the context of health care.

Course of events

Brainstorming on the characteristics of teamwork

Pooling: communication, participation, feedback.

Elaboration of the final report

Type of activities :

- 1) For 5 minutes, each person in the group identifies different characteristics of teamwork. It is very important for the trainer to get all members of the group to participate.
- 2) The trainer shares the characteristics identified in order to synthesize the different contributions.
- 3) Then the most important aspects or those that raise doubts are worked on in greater depth.
- 4) Finally, a consensus document will be drawn up, including the advantages of teamwork and the disadvantages.

Ressources

Computer with internet connection - video projector - board

Place participants in a circle or semi-circle

Level 2

TAKE A CARING ATTITUDE AT WORK; YOU CAN HELP OTHERS AND ACCEPT HELP

Objectives

- 1) Le formateur a pour objectif d'aider les membres de l'équipe/groupe dans l'identification des avantages du travail en équipe par rapport au travail individuel dans le contexte des soins en collaboration interprofessionnelle.
- 2) Le formateur a pour objectif d'aider les membres de l'équipe/groupe dans l'apprentissage les uns des autres et dans la reconnaissance de l'importance du travail en collaboration interprofessionnelle dans le contexte de la santé.

Course of events

Personal Reflection

Case study that contextualizes a home support situation involving teamwork

Pooling

Preparation of a final report

Type of activities :

- 1) For 5 minutes, each person in the group identifies personal strengths and weaknesses.
- 2) Presentation of the case: for 15 minutes, each person in the group identifies personal strengths and weaknesses in relation to the situation shown in the practical case.
- 3) Sharing of ideas generated by each member of the group.
- 4) For 30 minutes the group members work to identify the activities to be carried out by each member of the group to solve the practical case, taking into account personal strengths and weaknesses.
- 5) The trainer shares the aspects identified.
- 6) Then the most important aspects or those that raise doubts are worked on in more depth.
- 7) Finally, a consensus document will be drawn up, including the advantages of teamwork and the disadvantages.

Ressources

Computer with internet connection - video projector - board

Level 3

MAKING PROPOSALS AND ACCEPTING TO NEGOTIATE

Objectives

1. Reflecting on the skills you have and those you can acquire to improve the communication style that allows you to negotiate and accept different proposals.
2. Analyse the influence of these skills in daily communicative exchanges.

Course of events

Through the visualization of a video, identification of situations in which different behavioural styles develop.

Development of assertive communication strategies in which people are able to express their thoughts taking into account the opinions of others (the "Role playing" technique).

Activities

- 1) It is proposed to view the following video on assertiveness in a group setting:
<https://www.youtube.com/watch?v=0nLyn2HPLic>
- 2) Then, two by two, we identify the behavioural style of the characters in the video, the objectives of each of them and their starting assumptions.
- 3) The trainer synthesizes, from the group's contributions, the different styles of communication and negotiation. It is important to emphasize the assertive style as an essential element for the development of teamwork.

BEHAVIOUR	OBJECTIVE	POSTULATES
Passive/Inhibited	I lose/you win	I am not important
Agressive	I win/you lose	You are not important

Assertive	I win/you win	We are important
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- 4) Finally, two participants are chosen and a situation arises in which the two disagree and must communicate using all three styles.
- 5) The other participants analyze the three communication exchanges and identify which of them is the most appropriate to reach a consensus that benefits both parties.

Ressources

https://www.youtube.com/watch?v=fUXdrl9ch_Q. Good teamwork and bad teamwork.

Level 4

ACTIVELY PARTICIPATE IN COLLABORATIVE WORK BY VARYING THE PLACE AND ROLE IN THE TEAM.

Objective

The objective of the trainer is to assist team/group members in resolving a conflict situation, promoting understanding, empathy and respect between team members through negotiation..

Course of events

Presentation of a problem or conflict situation

Individual proposal for conflict resolution

Pooling

Preparation of a final report

Type of activities:

- 1) For 10 minutes, each person in the group works individually to resolve the conflict.
- 2) Reflection and development of a common strategy to resolve the conflict (30 minutes).
- 3) Elaboration of a summary report of the problems found in order to arrive at the resolution of the conflict.
- 4) Elaboration of a report showing the advantages and disadvantages of teamwork.
- 5) The trainer shares the aspects identified and proposes strategies to solve the problem.

Type of activities:

- 1) A change in the role of participants will be established
- 2) For 30 minutes the group reflects on the resolution of a conflict situation.
- 3) Elaboration of a consensus report.

Ressources

Computer with internet connection - video projector - board