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TRANSFVERGALISKILLS 10

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Skill #9: Lifelong learning and training

Introduction





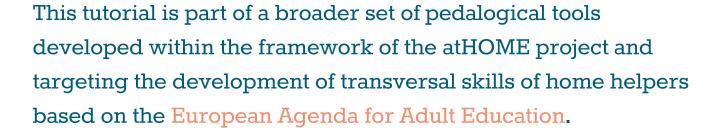
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COMPEYERICELISKILLS 10 Cuilskunur svafpssional professionnel Today, knowledge and technologies are evolving rapidly. This evolution is such that we can no longer imagine training once and for all and resting on what we have learned or imagining that our knowledge, our skills, our competences are fixed forever.

On the contrary, every day we learn in a formal or informal way, simply through our experience, our daily lives.

Training and learning throughout life is first and foremost about increasing confidence and self-esteem by experiencing our ability to integrate new knowledge or skills.

It also means giving yourself assets for professional mobility within the structure where you work or in another structure.

It also means developing the ability to adapt to changing contexts or new requirements.





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Lifelong learning and training is also about facilitating innovation and the development of new technologies and skills.



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TBAMETEREAL SKILLS 9
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To meet these challenges that are transforming the homecare profession, everyone must be aware of the challenges and opportunities of continuous learning.



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The different levels of learning





Level 4

Propose new ways of carrying out certain professional activities

Level 3

Develop and implement new strategies to optimise its action



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Consider
possibilities to
enrich and vary the
way you learn

Level 2





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State your usual ways of learning



Level 4



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Propose new ways of carrying out certain professional activities

Submit a new organisation to a colleague and/or his work team in order to achieve gains (less energy spent, less fatigue...)



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Level 3

Develop and implement new strategies to optimise its action

Test a new way of doing an action and measure the gain. Set quality requirements and formalise them.



Level 2



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Consider possibilities to enrich and vary the way you learn

Identify new ways to vary the way you learn, including focusing over time and stimulating memory.

Understand the need for information/learning and seek new and varied sources of information.

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State your usual ways of learning

Level 1

Identify how he/she learns and explain the strategies usually used. Identify in his/her environment the sources of information that can be mobilised for his/her learning.