

## Analyse the relevance of your wish in the light of the realities observed

| Job requirement   | My reality | Is that a barrier or an asset? | Suggestions for remedying this situation |
|---|------------|--------------------------------|--|
| Punctuality and flexibility of hours  |            |                                |  |
| Mobility (many trips over a day)  |            |                                |  |
| Ability to work independently   |            |                                |  |
| Ability to work in a team environment   |            |                                |  |
| Emotivity, sensitivity  |            |                                |  |
| Good physical health (back, allergies)  |            |                                |  |
| Good mental health  |            |                                |  |
| Be able to set boundaries   |            |                                |  |
| Depending on the country, a diploma or certificate of admission to the profession is required |            |                                |  |
| Good knowledge of oral and written French to be able to communicate information               |            |                                |  |
| Comprehensive personal care: household, toilet, pets....                                      |            |                                |  |
| No criminal record  |            |                                |  |
| Be respectful of rules and standards  |            |                                |  |
| Agree to continue training while working  |            |                                |  |