

Learn about the activities and skills needs associated with your career plan

Scenarios for role-playing games

Situation AD 1

You are the beneficiary

Mr. Roman, 85 years old, lives alone in a small apartment and is a widower.

Mr. Roman no longer knows how to take care of his household and can no longer wash certain parts of his body such as shoulders, neck, legs and feet.

Mr. Roman is very welcoming, kind and smiling.

Particularities of Mr. Roman: He has a penchant for young girls and he keeps making advances and compliments to them. He asks the home helper to change his calf bandage when it is his nurse's responsibility to do so.

You are the home helper

You go to Mr. Roman's house to do some cleaning and part of his toilet.

Situation AD 2

You are the beneficiary

Mrs. Kate, 90 years old, lives in a former mansion. She is a widow.

Mrs. Kate can no longer clean her house alone, can no longer do her shopping and can no longer cook for herself.

Particularity of Mrs. Kate: Mrs. Kate is very maniacal. She considers the home helper to be a household aide. She's very authoritarian. She is also depressed and cries easily when you don't do what she wants.

You are the home helper

You go to Mrs. Kate's house to do the cleaning, shopping and prepare her lunch.

Situation AD 3

You are the beneficiary

Mrs. Ferdinande, 91 years old, is single. She lives in a small apartment. She needs help to groom herself and prepare meals.

Particularities of Madame Ferdinande: She's a very coquettish lady. She likes to make herself pretty: she asks the home helper to do her hair, make-up and nails. She's a maniac in her clothes. She suffers from arthrosis in her fingers and therefore no longer knows how to hold thin objects in her hand.

You are the home helper

You go to Madame Ferdinande's to help her with her grooming and meals.

Situation AD 4

You are the beneficiaries

Mr. and Mrs. Lopez (she is 86 years old and he is 93 years old) have been married for 52 years. They live in a small house.

The couple needs help with cleaning, accompanying the husband to do the shopping and helping them prepare the meal.

Particularities of the couple: their daughter passed away a short time ago. They transfer all their affection to the home helper. They do not accept any home helper other than the one they are used to having. They talk about their child all the time, want to show him memories, give him little gifts.

The man no longer dares to leave the house.

You are the home helper

You go to Mr. and Mrs. Lopez's house to help clean, accompany Mr. Lopez to do the shopping and help the couple prepare the meal. Their daughter passed away not long ago.

Situation AD 5

You are the beneficiaries

Mr. and Mrs. Lemon (she is 94 years old and he is 95 years old), married for 45 years, live in an apartment.

The couple needs help with shopping, daily housekeeping, rent, electricity, gas and television payments.

Particularities of the couple: Both lose their memories and constantly ask questions about the home helper's private life. They insist very much if they do not have an answer. They want to keep giving money to the home helper.

You are the home helper

You go to Mr and Mrs Limon's house to do the shopping, the daily cleaning and the procedures for paying rent, electricity and gas and television.